

**Alcohol Questions**

Please place an X in the box that best describes your answer to each of the three questions:

	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>		
1	How often do you have a drink containing alcohol?	Never	Monthly or less	2-4 times per month	2-3 times per week	4+ times per week	<i>audit1</i>
2	How many drinks of alcohol do you drink on a typical day when you are drinking?	1-2	3-4	5-6	7-9	10+	<i>audit2</i>
3	How often do you have 6 or more drinks on one occasion?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	<i>audit3</i>

**PHQ-2 Questions about feelings**

Please **circle one number** that best describes your answer to each of the two questions:

<b>Over the last 2 weeks, how often have you been bothered by any of the following problems?</b>				
	<b>Not at all</b>	<b>Several days</b>	<b>More than half the days</b>	<b>Nearly every day</b>
1 Little interest or pleasure in doing things	0	1	2	3
2 Feeling down, depressed, or hopeless	0	1	2	3

*phq1*

*phq2*

**Experiences with consultation**

1	Did your doctor or health worker ask you about how much alcohol you drink?	<input type="checkbox"/> 1 – Yes <input type="checkbox"/> 2 – No	<i>consult1</i>
2	(If yes) On a scale from 1-5, how acceptable was it in your opinion that the doctor or health worker asked you how much alcohol you drink?	<input type="checkbox"/> 1 – Not acceptable at all <input type="checkbox"/> 2 – Unacceptable <input type="checkbox"/> 3 – Neutral <input type="checkbox"/> 4 – Acceptable <input type="checkbox"/> 5 – Very acceptable	<i>consult2</i>
3	(If yes) Which of the following answers describes best what you did when you were asked about how much alcohol you drink?	<input type="checkbox"/> 1 – Answered accurately to best of my knowledge <input type="checkbox"/> 2 – I said I drink more than I actually do <input type="checkbox"/> 3 – I said I drink less than I actually do <input type="checkbox"/> 4 – I don't know	<i>consult3</i>
4	(if yes) Did you receive any alcohol education leaflet from your doctor or health worker?	<input type="checkbox"/> 1 – Yes <input type="checkbox"/> 2 – No	<i>consult4</i>
5	Did your doctor or health worker advise you to reduce or stop drinking alcohol?	<input type="checkbox"/> 1 – Yes <input type="checkbox"/> 2 – No	<i>consult5</i>
6	(if yes) On a scale from 1-5, how acceptable was it in your opinion that the doctor or health worker gave you advice on reducing or stopping your alcohol consumption?	<input type="checkbox"/> 1 – Not acceptable at all <input type="checkbox"/> 2 – Unacceptable <input type="checkbox"/> 3 – Neutral <input type="checkbox"/> 4 – Acceptable <input type="checkbox"/> 5 – Very acceptable	<i>consult6</i>
7	After this consultation, how likely it is you will reduce the amount of alcohol you are drinking?	<input type="checkbox"/> 1 – Very likely <input type="checkbox"/> 2 – Somewhat likely <input type="checkbox"/> 3 – Neutral <input type="checkbox"/> 4 – Somewhat unlikely <input type="checkbox"/> 5 – Very unlikely	<i>consult7</i>
8	Did your doctor or health worker ask you about how you were feeling?	<input type="checkbox"/> 1 – Yes <input type="checkbox"/> 2 – No	<i>consult8</i>
9	(if yes) On a scale from 1-5, how acceptable was it in your opinion that the doctor or health worker asked you about how you were feeling?	<input type="checkbox"/> 1 – Not acceptable at all <input type="checkbox"/> 2 – Unacceptable <input type="checkbox"/> 3 – Neutral <input type="checkbox"/> 4 – Acceptable <input type="checkbox"/> 5 – Very acceptable	<i>consult9</i>
10	(if yes) Did you receive any depression leaflet from doctor or health worker?	<input type="checkbox"/> 1 – Yes <input type="checkbox"/> 2 – No	<i>consult10</i>

**Communication campaigns and media coverage about health aspects of alcohol**

During the past three months, have you noticed any campaigns or media coverage about the health effects of alcohol?

1. Posters in the Primary Health Care Centre	<input type="checkbox"/> 1 – Yes <input type="checkbox"/> 2 – No	<i>campaign1</i>
2. Articles in newspapers or magazines	<input type="checkbox"/> 1 – Yes <input type="checkbox"/> 2 – No	<i>campaign2</i>
3. Programmes or interviews on the radio	<input type="checkbox"/> 1 – Yes <input type="checkbox"/> 2 – No	<i>campaign3</i>
4. Programmes or interviews on the television	<input type="checkbox"/> 1 – Yes <input type="checkbox"/> 2 – No	<i>campaign4</i>
5. Information leaflets for patients in the primary health care centre	<input type="checkbox"/> 1 – Yes <input type="checkbox"/> 2 – No	<i>campaign5</i>
6. Other (to be specified, depending on campaigns)	<input type="checkbox"/> 1 – Yes <input type="checkbox"/> 2 – No	<i>campaign6</i>

If yes to any of the above questions, please state how much you agree or disagree with the following statement:

	Strongly agree	Agree	Neither agree or disagree	Disagree	Strongly disagree	
<b>Posters on alcohol in the Primary Health Care Centre:</b>						
Were easy to understand	5	4	3	2	1	<i>camp.poster1</i>
Made it easier to talk with my doctor or other health worker about how much alcohol I drank	5	4	3	2	1	<i>camp.poster2</i>
<b>Articles in newspapers or magazines on alcohol:</b>						
Were easy to understand	5	4	3	2	1	<i>camp.article1</i>
Made it easier to talk with my doctor or other health worker about how much alcohol I drank	5	4	3	2	1	<i>camp.article2</i>

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<b>Programmes or interviews on alcohol on the radio:</b>						
Were easy to understand	5	4	3	2	1	<i>camp.radio1</i>
Made it easier to talk with my doctor or other health worker about how much alcohol I drank	5	4	3	2	1	<i>camp.radio2</i>
<b>Programmes or interviews on alcohol on the television:</b>						
Were easy to understand	5	4	3	2	1	<i>camp.tv1</i>
Made it easier to talk with my doctor or other health worker about how much alcohol I drank	5	4	3	2	1	<i>camp.tv2</i>
<b>Information leaflets on alcohol for patients in the primary health care centre:</b>						
Were easy to understand	5	4	3	2	1	<i>camp.leaflet1</i>
Made it easier to talk with my doctor or other health worker about how much alcohol I drank	5	4	3	2	1	<i>camp.leaflet2</i>
<b>Other (to be specified, depending on campaigns):</b>						
Were easy to understand	5	4	3	2	1	<i>camp.other1</i>
Made it easier to talk with my doctor or other health worker about how much alcohol I drank	5	4	3	2	1	<i>camp.other2</i>

**Talking with my doctor or other health care worker about alcohol**

Please state how much you agree or disagree with the following statements:

	Strongly agree	Agree	Neither agree or disagree	Disagree	Strongly disagree	
<b>Talking with my doctor or other health care worker about how much alcohol I drink:</b>						
Is good for my own health	5	4	3	2	1	doctor1
Will help me avoid future health problems	5	4	3	2	1	doctor2
Will help me drink less	5	4	3	2	1	doctor3
Is a waste of my time	5	4	3	2	1	doctor4
Makes me feel uncomfortable	5	4	3	2	1	doctor5
Is not going to change how much alcohol I drink	5	4	3	2	1	doctor6

Please state how much you agree or disagree with the following statements:

	Strongly agree	Agree	Neither agree or disagree	Disagree	Strongly disagree	
<b>I find it easy to:</b>						
Talk with my doctor or other health worker about how much alcohol I drink.	5	4	3	2	1	<i>doctor7</i>
Express my feelings to my doctor or other health worker.	5	4	3	2	1	<i>doctor8</i>
Talk with my doctor or other health worker about my problems.	5	4	3	2	1	<i>doctor9</i>

Please state how much you agree or disagree with the following statements:

	<b>Strongly agree</b>	<b>Agree</b>	<b>Neither agree or disagree</b>	<b>Disagree</b>	<b>Strongly disagree</b>	
My family thinks that it is good if my doctor or other health worker talks to me about how much alcohol I drink.	5	4	3	2	1	<i>doctor10</i>
Most people think that it is good if my doctor or other health worker talks to me about how much alcohol I drink.	5	4	3	2	1	<i>doctor11</i>
I intend to talk with my doctor or other health worker about how much alcohol I drink the next time I see them.	5	4	3	2	1	<i>doctor12</i>



**Alcohol and Health**

	<b>On a scale from 'always easy' to 'always difficult', how easy would you say it is to...</b>	<b>Always difficult</b>	<b>Sometimes difficult</b>	<b>Mostly easy</b>	<b>Always easy</b>	<b>Don't know</b>	
1	Know when I need to get help from a doctor or other health worker because of my drinking?	1	2	3	4	5	<i>help1</i>
2	Make decisions about acting on advice from a doctor or other health worker to reduce or stop my drinking?	1	2	3	4	5	<i>help2</i>
3	Find information on how to help family members with a drinking problem?	1	2	3	4	5	<i>help3</i>
4	Recognize if messages about health risks from alcohol in the media (such as newspaper, TV, radio, and the internet) are reliable?	1	2	3	4	5	<i>help4</i>
5	Find information about how to drink less?	1	2	3	4	5	<i>help5</i>
6	Understand information about how to reduce or stop drinking?	1	2	3	4	5	<i>help6</i>

## Standard drinks

Please read the following, and then answer the two questions on the next page

### A Standard Drink

When we use the word 'drink' we mean a standard drink.  
A standard drink contains one unit of pure alcohol.

### Any drinking can bring risks:

#### Don't Drink at all if you:



Are driving – drinking before driving increases the risk of accidents. Passengers and pedestrians are also at risk.

You can reduce the risk of harm by limiting the amount you drink.

Regular drinkers should not have more than 2 standard drinks on one day

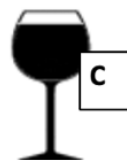
### Some examples of drinks



3-shot spirits with soft drink or soda  
3 Standard Drinks



A medium bottle of beer  
2 standard drinks



Large glass of table wine  
2.5 Standard Drinks



Cocktail (a mix of different drinks) including spirits  
2.5 standard drinks



A large bottle of beer  
3 Standard Drinks

Question		
1. Is it safe to be in a car which is driven by someone who has drunk any alcohol in the last few hours?	1 – Yes 2 – No	<i>drink1</i>
2. Which drink contains two standard drinks?	1 – A 2 – B 3 – C 4 – D 5 – E	<i>drink2</i>