



"This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 778048

Study outline

Scale-up of Prevention and Management of Alcohol Use Disorder in Latin America – the SCALA project

Dr Bernd Schulte

Nordic Implementation Conference Copenhagen - May 28-29th, 2018



SCALE-UP OF PREVENTION AND MANAGEMENT OF ALCOHOL USE DISORDERS AND COMORBID DEPRESSION IN LATIN AMERICA



SCALA background & hypothesis

- 1. PHC -based ASBI to reduce heavy drinking is clinically effective and cost-effective
- 2. PHC -based ASBI is poorly implemented in routine practice
- **3.** Training and support programmes increase PHC-based ASBI activity, **but** gains have been only modest and short term
- 4. WHO: more effective uptake by **embedding PHC activity within broader community and municipal support**

The SCALA hypothesis:

Embedding the PHC action in a community and municipal setting with added support will lead to a greater proportion of patients screened and advised for heavy drinking than achieved hitherto in implementation studies that focused on providers alone





SCALA - an implementation scale-up study

- Its aim is **NOT** a trial testing whether or not ASBI can reduce heavy drinking
- Scaling up
 - is a "process by which small scale effective health interventions are expanded under real world conditions into broader policy or practice"
 - involves "an explicit intent to expand the reach of an intervention to new settings or target groups and is accompanied by systematic strategy to achieve this objective"

Milat et al. Health Res Policy Syst. 2014, 12: 18 Yamey et al. PLoS Med. 2011, 8: 6





SCALA objectives

- **To tailor intervention packages** for improving prevention, early detection and advice for heavy drinking and co-morbid depression in Colombia, Mexico and Peru
- To implement and test whether the embedded scale-up of implementing tailored packages improves widespread ASBI in urban municipalities of middle-income countries
- To identify barriers and facilitators to scale-up and document the resource requirements for economic analysis
- To produce a validated scale-up framework and strategy, taking into account stigma and equity, to improve replication of the SCALA tailored packages throughout the world





RBID DEPRESSION IN LATIN AMERIC.

SCALA study design







Implementation strategies on macro-meso-micro level



Macro (system) level:

- Community Advisory Boards (CABs)
- Knowledge & practice broker

Meso (organisational) level:

- Tailored ASBI packages (Provider booklet, patient leaflet)
- Tailored ongoing support to PHCUs
- Defined referral routes

Micro (patient/provider) level:

- Local media campaign to improve patients alcohol health literacy
- Tailored practice-based ASBI training for PHC providers



Using frameworks for scale-up, tailoring & evaluation



Using of the IHI Framework for scaling up



sustainability

Systems

Barker et al. Implementation Science (2016) 11:12





Using of the TICD framework for tailoring

Flottorp et al. Implementation Science 2013, 8:35 http://www.implementationscience.com/content/8/1/3



Open Access

SYSTEMATIC REVIEW

A checklist for identifying determinants of practice: A systematic review and synthesis of frameworks and taxonomies of factors that prevent or enable improvements in healthcare professional practice

Signe A Flottorp^{1,3*}, Andrew D Oxman¹, Jane Krause³, Nyokabi R Musila⁴, Michel Wensing⁵, Maciek Godycki-Cwirko⁶, Richard Baker³ and Martin P Eccles⁷

Logic model of TICD implementation interventions



TICD key domains

- 1. Guideline factors
- 2. Individual health professional factors
- 3. Patient factors
- 4. Professional interactions
- 5. Incentives and resources
- 6. Capacity for organisational change
- 7. Social, political and legal factors

Flottorp et al. Implementation Science 2013 8:3



TICD informed approach for tailoring

- Modify/adapt TICD-based checklist
- Highlight priority factors/determinants
- Map to potential implementation tactics e.g.:
 - Culturally appropriate intervention guidelines
 - Training to boost skills, knowledge, self-efficacy
 - Engage local opinion leaders







10RBID DEPRESSION IN LATIN AMERICA

Using of the RE-AIM framework for evaluation

DOMAIN	Main outcome/ process measure, e.g.
Reach	 Number of PHC patients screened/advised/referral Representativeness of population screened/advised/referred
Effectiveness	 Increased health literacy Reductions of alcohol consumption of AUD+ drinkers Increased proportion of screen positive patients received appropriate advice/referral
Adoption	Adoption/representativeness of PHCCs and PHCC staff
Implementation	 Extend ASBI package delivered as indented Multi-level evaluation of barriers/facilitators for scale-up Cost of package implementation
Maintenance	 Assessment of outcomes 18 month after implementation Measures of cost for maintenance

www.re-aim.org





www.scalaproject.eu



















Universitätsklinikum Hamburg-Eppendorf



"This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 778048





SCALE-UP OF PREVENTION AND MANAGEMENT OF ALCOHOL USE DISORDERS AND COMORBID DEPRESSION IN LATIN AMERICA